

SOWING IN FAITH VS. SOWING IN FEAR

How to Recognize What Is Driving Your Decisions

Core Truth

Seeds respond to belief. Faith keeps the seedtime and harvest system active; fear interrupts it.

Key Scriptures

- James 1:6–8
 - 2 Corinthians 9:7
 - Romans 14:23
 - Matthew 6:31–33
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THE PRINCIPLE

Faith and fear are not opposites in activity — they are opposites in **motivation**.

Both faith and fear can release seed. The difference is **what the heart expects after release**.

Faith trusts God's system and remains at rest.

Fear worries about the outcome and pulls back.

God designed seedtime and harvest to operate through peace. Anxiety is a sign that trust in the system has been replaced with concern about survival or control.

Fear does not always prevent sowing — but it almost always disrupts **consistency**.

HOW TO TELL THE DIFFERENCE

You Are Sowing in FAITH if:

- You feel peace after releasing seed
- You are not mentally checking results
- You don't regret the decision
- You remain consistent over time
- You trust the system without needing proof

Faith is calm. Faith does not rush or panic.

You Are Sowing in FEAR if:

- You feel anxious or stressed after sowing
- You replay the decision repeatedly
- You regret releasing the seed
- You hesitate to sow again
- You focus on "what if this doesn't work"

Fear is restless. Fear demands immediate reassurance.

THE FORMULA

Faith-Based Sowing

Believe → Release → Rest → Expect

- Believe God's system works
- Release seed confidently
- Rest without anxiety
- Expect harvest calmly

Faith allows the seed to remain planted.

Fear-Based Sowing

Worry → Release → Regret → Withhold

- Worry about future lack
- Release reluctantly
- Regret immediately
- Withhold next time

Fear interrupts consistency, which slows results.

THE PROMISE

God promises peace to those who trust Him and His system.

When faith governs sowing:

- Peace replaces pressure
- Consistency replaces hesitation
- Confidence replaces anxiety

God does not require fear-driven obedience. He invites faith-driven cooperation.

APPLICATION

1. **Think about your last sowing decision.**
 2. **Notice what you felt afterward.**
Peace = faith. Anxiety = fear.
 3. **If fear was present, don't condemn yourself.**
Re-center on the truth that God's system works.
 4. **Next time, sow only when you can do it in peace.**
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Key Thought

Faith feels settled.

Fear feels rushed and anxious.